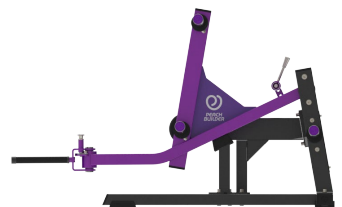
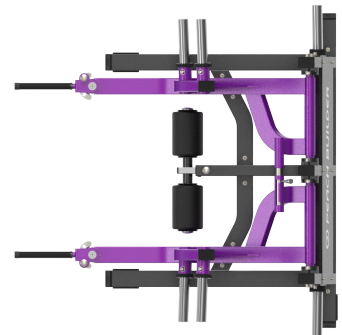


PB PLATE LOADED SERIES

PB411 - MULTI DEAD LIFT



PRODUCT OVERVIEW

The PB411 is a premium plate-loaded training machine designed for glute and lower-body development, combining multiple exercises such as deadlifts, squats, and lunges within a compact footprint. It enhances both strength output and core stability through biomechanically optimized movement paths.

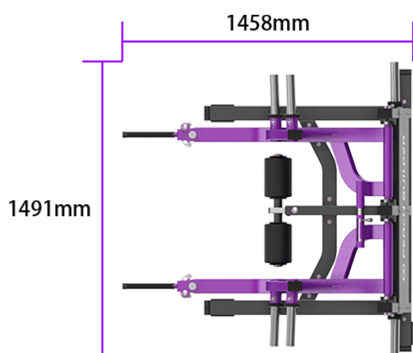
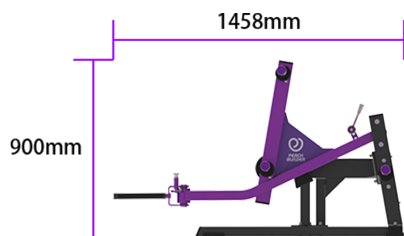
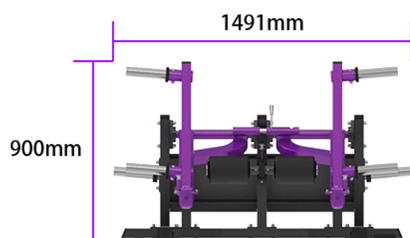
Equipped with a three-position knurled steel handle, it allows multiple grip variations—overhand, neutral, or mixed—offering flexibility for different training goals. The five-position adjustable thigh pad accommodates users of varying heights and leg lengths, ensuring a stable and comfortable body alignment throughout each movement.

An innovative dual loading system enables both concentric and eccentric resistance training: the lower loading peg focuses on strength output, while the upper peg enhances eccentric control for deeper muscle stimulation. The linkage selection mechanism, featuring an aluminum isolation adjustment pin, allows users to switch freely between bilateral and unilateral modes—ideal for improving movement control, muscle symmetry, and functional strength development.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1458*1491*900mm
Net Weight:	114.5kg



Product Features



Linkage/Isolation Mode System

Aluminum adjustment pin enables both bilateral and unilateral training for balanced strength development.



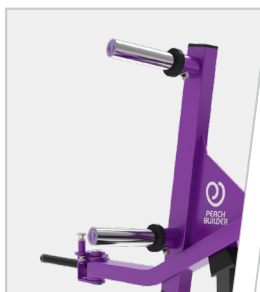
Five-Position Adjustable Thigh Support

Provides secure and ergonomic positioning for users of different heights and leg lengths.



Three-Position Knurled Handle

Offers multiple grip styles—overhand, neutral, and underhand—to support various exercise patterns.



Dual Loading Resistance System

Upper and lower loading pegs target eccentric and concentric phases, maximizing power and hypertrophy.



Refined Design & Premium Details

Elegant color scheme, embroidered padding, and printed aluminum end caps deliver a sophisticated visual identity.